

Practical Ideas to Support your Child's Learning

To help support families in developing the most effective home conditions to facilitate learning, the following five areas offer advice on a practical framework of ideas and activities.

Expectations

- Maintain high expectations regarding effort and attitudes towards learning
- Help your child to set goals which are achievable and measurable
- Challenge poor behaviour, maintain consistent boundaries and celebrate success

Routines

- Define clear routines for the time before and after school and for weekends
- Ensure that your child participates in regular extra-curricular opportunities (CAS)
- Use mealtimes as an opportunity to talk, listen and question
- Set aside specific time to read together, selecting from a range of genres (e.g. fiction, non-fiction, news stories)
- Set aside time to review homework and the student planner

Opportunity to Learn

- Ensure that your child has quiet place to study and complete homework away from visual and audio distractions
- Identify an activity / hobby which you can learn together
- Share in the experience of everyday activities

Support

- Celebrate success
- Regularly listen and question around topics which interest your child
- Identify ways in which your child learns best and facilitate this with opportunities to experience these on a regular basis e.g. learning through 'hands on' experience

Role Modeling

- Lead by example and share in your positive experiences of learning at school, university and work
- Discuss situations when you have succeeded, especially when you have had to show great determination through time of adversity
- Share your own passions and demonstrate how you make time to pursue these